



**Northeastern Catholic District School Board**

**Learn At Home Activities**

**Intermediate Students (Grades 7 & 8)**

<b>Art</b>	<b>Physical Education</b>
Create a piece of art using choice materials (drawing, painting) that shows two opposing points of view (good and evil, wealth and poverty).	If you did pushups and planks last week, add squats and lunges to the mix. Continue to log your progress for all 4 exercises now.
Write an opening scene or alternate scene for a play or movie. Describe the setting and characters using the five senses (e.g., see, hear, smell).	Did you decide to jog last week? If so, keep it up and make sure to inhale through your nose and exhale through your mouth.
Look for art in the world around you. Focus on an item (tree, building, sign). What elements of design (line, shape, colour) do you see?	Try to opt for at least one healthy food choice today (i.e. apple, banana, grapes) instead of something unhealthy that you might be craving.

<b>Catholic Faith</b>	<b>French</b>
Easter Prayer Table/corner. Make a special place in your home with things that are special to you. Use this place to pray and reflect.	Watch the following video to learn how plastic is recycled into new material! <a href="#">Recycling Plastic</a>
Interview family members and ask them what is their view on Hope?	It is Earth Day on April 22nd! Complete the two “L’environnement” activities. <a href="#">Earth Day Link</a>
Gather all of your family information and write a newsletter to share with your family. Give it a catchy name.	Prepare a short commercial explaining the importance of “Jour de la Terre”. Include important facts like the date, the purpose and examples of ways in which people can respect our environment and help protect our planet.)

**Week of April 20 to 24, 2020**